

**APPRECIATE
ACHIEVEMENTS
TIPS REPORT**

*This report includes powerful tips related to **Appreciating Your Achievements**.*

*It also includes 3 actionable steps you can take **right away** and a list of suggested reading for those people who are looking for **even more information**.*

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TOP TIPS

You have achieved several things in your life. You should appreciate them. Many people don't. They marginalize their achievements. If you do this, you need to stop. It can set up barriers to achieving more. Learn how to break those barriers by recognizing and appreciating your achievements.

1. Why shouldn't you celebrate your own lifetime achievement?

It's a big deal for anyone in Hollywood to receive a Lifetime Achievement Award. They celebrate it as an event, publicize it, and film it for all to see. Just because you aren't famous, doesn't mean you haven't accomplished anything. Be proud of what you have accomplished.

2. The next time someone recognizes an achievement of yours, don't pass it off as no big deal.

Thank them, and consider yourself lucky that someone noticed. Also, write down the event any time it happens. This will show you that your achievements are worth it.

3. Appreciate the achievements of others.

One way to get people to recognize your achievements is to congratulate them on theirs. Be genuine in your praise. If you are just doing it to try and win points, this will be seen as shallow, and people will know you are not genuine.

4. If you are feeling a bit light on the achievement scale, try to figure out why that is.

It could be that you need to define your goals more concretely. Start

with high-level goals and break them down into tasks and sub-goals.

5. One achievement that people overlook is helping others.

This doesn't have to be through volunteering. It can be helping a neighbor or somebody at work. You can choose to volunteer as well. When you help others achieve something, that is an achievement as well. It feels great knowing that you made a difference in someone else's life.

6. Read about the achievements of others.

The reason why biographies of successful people continue to be published is that they help people learn the circumstances of these successful people. You can see that they were just like everyone else. It's the classic, if they can do it so can you. Try to read several books per month, consistently. Also, read people who you admire as well as people who you find controversial. It's good to get perspectives on different people to help you keep an open mind.

7. You want to appreciate your achievements. But, at the same time, you don't want to rest on your laurels.

You always have more to achieve, so make sure that you appreciate what you have done, but understand there is more.

ACTIONABLE STEPS

1	2	3
<p>Write down all your achievements that you can remember. Try to think back as far as you can. Don't limit yourself. If you had achievements in high school or college, put those down as well. This action will help show you everything you have achieved. It will give you confidence in your ability to accomplish anything you set your mind to.</p>	<p>Create a blog about your achievements. First, it will get you to write about them and how you got to where you are. Second, you never know who you may inspire by describing your experiences. When your blog becomes popular, it will motivate you to achieve more because you want to keep your editorial calendar as full as possible.</p>	<p>Align your daily to-do lists with your overall goals. If you don't have higher-level goals defined, start with these. To-do lists are good tools unless you are not performing the right tasks. High-level goals will help you determine what you need to be doing on your to-do lists.</p>

FURTHER READING

1. The Achievement Habit:

<https://www.amazon.com/Achievement-Habit-Wishing-Start-Command/dp/0062356100/>

2. Focus on the Good Stuff - The Power of Appreciation:

<https://www.amazon.com/Focus-Good-Stuff-Power-Appreciation/dp/0787988790/>

3. The Power of Appreciation:

<https://www.amazon.com/dp/1582701040/>

4. Gratitude:

<https://www.amazon.com/Gratitude-Oliver-Sacks/dp/0451492935/>

5. The Vibrant Workplace - Overcoming the Obstacles to Building a Culture of Appreciation:

<https://www.amazon.com/Vibrant-Workplace-Overcoming-Obstacles-Appreciation/dp/0802415032/>

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